

SMC Heartbeat Newsletter

INSIDE THIS ISSUE:

Patient Safety... <i>Cont'd</i>	2
Did You Know?	2
Help Wanted	2
A Word From Elm Heights	3
Facility Construction Update	3
March Birthdays	4

National Doctors' Day – March 30

The national day to recognize our physicians is the 30th of this month. While every team member of a hospital is imperative to quality patient care we want to recognize the vital role our physicians have in the process. The SMC team will be recognizing our providers and support providers throughout the month. Please take time to recognize a doctor(s), nurse practitioner or certified support staff for their contribution to the success of the SMC team. Gratitude is good medicine!

Shenandoah Medical Center Providers, Nurse Practitioners and Certified Support Staff:

- Heather Babe, MD*
- Richard Bean, MD*
- John Bowery, DO*
- Donald Bumgarner, MD*
- Janet Bumgarner, MD*
- Dennis Cummings, CRNA*
- Heidi Grimes, ARNP*
- Connie Holmes, ARNP*
- Todd Isaacson, MD*
- Scott King, MD*
- Santosh Kumar, MD*
- Lila Lassen, ARNP*
- John Moskaitis, MD*
- Mary Nissen, ARNP*
- Sam Pirruccello, MD*
- Kim Rines, ARNP*
- Rebecca Rose, MD*
- Jennifer Stirgwolt, DO*



- Satya Thippareddi, MD*
- Rose Walter, ARNP*
- Kindra Weston, MHC, NCC*
- Jan Wilson, LMHC*
- Catherine Wolff, DO*
- Michael Woods, MD*

Patient Safety Awareness Week

“Patient Safety Awareness Week” is an annual education and awareness campaign for health care safety led by National Patient Safety Foundation. The theme for 2015 is “United in Safety.” Everyone in the health care process plays a role in delivering safe care and by uniting together and sharing that common goal; we can

make a difference in patient safety. From patients to care providers, from the front lines to the executive suite, from the patient and family advocate to the corporate solutions provider — we are all united in the goal of keeping patients and those who care for them free from harm. The focus of this campaign is

patient engagement and emphasizes the importance of the relationship between providers and patients and their families. Enhanced communication begins with an informed and engaged patient and leads to safer care.

(Continued on Page 2)

Patient Safety Awareness Week Continued from Page 1

SMC is celebrating National Patient Safety Awareness week March 8-14. We encourage patients and their families to be active members of their healthcare team. We would like to take this opportunity to thank our patients and their families for choosing SMC.



"The wish for healing has always been half of health."

– *Lucius Annaeus Seneca*

Did You Know?

» When it comes to being value-added in a community, SMC shines. Since 2012, the Clinic, Hospital and Elm Heights added 49 *new* positions to accommodate growth in services for patient needs. Forty-nine jobs easily mean up to 49 families, tax-payers, patrons of Shenandoah businesses, organizations and civic causes.

» The hospital begins construction for a 20 million dollar expansion this year. Not only will services expand and improve, more jobs will be added to accommodate healthcare needs for Shenandoah and its neighboring visitors.

» Healthcare services are available in Sidney with clinic hours of Tuesday through Friday 9am - 5pm,

third Monday of the month 8am - 5pm. Red Oak 9am-5pm Monday through Wednesday and Friday. Look for the Essex Clinic to begin seeing patients July 2015.

To Schedule An Appointment:

Red Oak: 712.623.9653

Sidney: 712.374.6005

Shen: 712.246.7400

Help Wanted – Volunteer Opportunities

SMC has the cure to the wintertime blues: helping others! The Gift Shop is in full swing at the Main Entrance of the SMC Hospital. With an exciting array of gifts, supplies and snacks only one ingredient remains – volunteers! With flexible scheduling and minimal training required, the Gift Shop is a great opportunity to get involved in the community.

Want a different avenue to get involved? SMC Hospice and Elm Heights always have room for extra folks to spend quality time with patients doing tasks such as reading, playing games or simply sitting with someone who enjoys company. There are various volunteer opportunities available for great people like you! Start today!

Elm Heights

Carleen Eveland
712.246.4627

Gift Shop

Becky DeWild
712.246.1230

Hospice

Linda Rost
712.246.7399

"If we can get people to focus on fruits and vegetables and more healthy foods, we'll be better in terms of our healthcare situation."

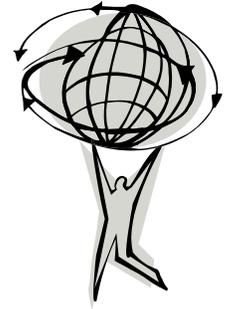
– *Tom Vilsack*

Balanced Care
for Moms-to-Be

- Smarter Technology
- 3D - 4D Ultrasound
- Two Birthing Suites

“Delivering care you can count on”

New patients welcome
Dr. Scott King, MD, FACOG, FACS
Women’s Health Center
Obstetrics and Gynecology
Jack Foster Drive • Shenandoah, Iowa
We’re a dedicated healthcare resource for women
712-246-7405

A Word From Elm Heights

We had a busy couple of months! The conversion of the assisted living wing is moving forward. We are anxiously awaiting the additional beds it will create for our services to be provided. We have 46 residents with us and many more to come with the remodel! We are thrilled to have a talented team on staff to manage

the construction. We are in search of a couple of Certified Nursing Assistants because of the expansion of beds to come.

Most importantly, we will have an Easter Egg Hunt Sunday, March 30th at 2.30pm. We hope you all bring your children, grand children and great

grandchildren to the event! The more the merrier!

Congratulations to our new Activity Director Carlene Eveland! Have suggestions or ideas for activities? Give us a call 246-4627.

Dennis DeWild
Administrator
Elm Heights

Facility Construction Update

Representatives of Graham Construction, Altus architects and Owner’s Representative Bob Carlson have been meeting regularly with SMC team members to solidify project scope and associated costs. Specific

efforts are being aimed at reducing the number of project phases which, in turn, reduces costs. Simultaneously team members are identifying finishes that can be used in areas of building needing attention today,

yet will coordinate with new finishes used in expansion and renovated areas.



Shenandoah Medical Center

300 Pershing Avenue
 300 Park Avenue
 1 Jack Foster Drive
 2 Jack Foster Drive
 Shenandoah, IA 51601

Phone (712) 246-1230
Website smchospital.com

Every patient, every time.



Visit us online!
www.smchospital.com

March – *Happy Birthday!*

David Halsey	1-Mar	Radiology
Neal Peterson	1-Mar	Respiratory Therapy
Robin Hall	1-Mar	Laboratory
Heather Babe, MD	6-Mar	Clinic
Conny Loftis	10-Mar	Housekeeping
Colleen Good	10-Mar	Housekeeping
Kelly Kreifels	10-Mar	Respiratory Therapy
Mary Nissen, ARNP	11-Mar	Clinic
Jamie Hossle	14-Mar	Business Office
Bailey Hilger	14-Mar	Elm Heights
Daniel Owens	16-Mar	Clinic
Heidi Grimes	19-Mar	Clinic - Sidney
Santosh Kumar, MD	20-Mar	Emergency Department
Karen Bartles	26-Mar	Food Service
Michelle Inman	28-Mar	Housekeeping
Mary Ann Rogers	30-Mar	Materials Management
Maria Fuxa	31-Mar	Clinic
Elease Cowles	31-Mar	Med-Surg Unit

Save the Date for the SMC
FAMILY HEALTH FAIR

Saturday, March 28th • 7am - 11am
 Shenandoah National Guard Armory



EARLY BLOOD DRAW DATES

Fasting 8 - 12 hours prior to having blood drawn recommended. Drinking water before the blood draw will not affect your results. You choose the tests you want. No insurance claims filed.

Feb. 10	Tarkio	6-8am
Feb. 17	Essex Med. Center	6-8am
Feb. 24	SMC Rapp Room	6-8am
Mar. 3	Farragut	6-8am
Mar. 10	Sidney	6-8am
Mar. 17	Imogene	6-8am
Mar. 28	SMC Health Fair	6-9am

LAB TEST SPECIALS
\$35 - Wellness Screening
 (22 blood tests including cholesterol, blood sugar, thyroid, blood cell count, electrolytes, and more)
\$25 - Vitamin D
\$20 - PSA
 (blood test for prostate)
\$15 - Hemoglobin A1C
 (diabetes screening)
\$5 - Colon Cancer Screening Kits

Complete blood draw early and collect your results at the Health Fair on Sat. March 28th



300 Pershing Avenue | Shenandoah, IA 51601
 712-246-1230 | www.smchospital.com