

SMC Heartbeat Newsletter

INSIDE THIS ISSUE:

Diagnostic Radiology, P.C.	2
Blood Drive - April 3	2
Employee Spotlight	3
Employee Spotlight	3
National Laboratory Week	3
Allscripts Announcement	4
Welcome Aboard	4
April Birthdays	5
Books Are Fun - April 1	5

Welcome Diagnostic Radiology, P.C.

Effective March 16 Shenandoah Medical Center welcomed Diagnostic Radiology, P.C. to the team. While they provide the expected interpretations, their primary focus in serving our patients is pain management. Through diagnostic and procedural abilities many patients will see an end to chronic pain caused by degenerative bone disorders head to toe, typically in the spine. Diagnostic Radiology also offers expertise in various biopsies so our patients need not travel elsewhere for care. A presence of radiologists is maintained in-house by Dr. Forbes, Dr. Smith and Dr. Niemann.

The primary on-site radiologists access other members in their group of sub-specialists in musculoskeletal imaging, vascular and interventional radiology, body imaging and neurological radiology from among seven physicians on their Diagnostic Radiology, P.C. team. Each doctor in the group can perform necessary services while on-site despite having diverse sub-specialty skills. In conjunction with teleradiology services, Diagnostic Radiology views imaging and diagnose remotely 24 - 7 outside of their physical presence to ensure patients are cared for without needing to go further. *(Continued on Page 2)*



Dr. Robert Forbes



Dr. Douglas Niemann



Dr. James Smith

Thanks for Caring!

Thank you to our volunteers & contributors for your generosity. Together we make a difference.



Become a volunteer today!
 Call Becky DeWild - 712-246-6131
 300 Pershing Avenue
www.smchospital.com

The Shenandoah Medical Center Health Fair was enjoyed by all ages!



"If you are not growing you are shrinking. Never is there a status quo... We are committed to the growth of this hospital."

- Dr. Robert J. Forbes,
Diagnostic Radiology, P.C.

Diagnostic Radiology P.C. Continued From Page 1

The purpose of the team and of doctors on-site is to complement the existing skills and expertise of our surgeons, care providers and technical staff involved in all facets of imaging while expanding services to simplify the lives of our patients.

"If you are not growing you are shrinking. Never

is there a status quo. Shrinking over time will cause a hospital to close its doors. We are committed to the growth of this hospital", Dr. Forbes stated in regard to the vast array of services their group is capable of providing. In deciding to join the Shenandoah Medical Center team, they were drawn to the

progressive range of services and desire for growth within the organization. They plan to add more of their specialties to the hospital's available services as a continuation of their commitment to serve our patients and community. Welcome to our team Diagnostic Radiology, P.C.

Blood Drive - April 3

Come to the Rapp Room located in the Wellness Center at Shenandoah Medical Center on April 3 between 8:00am and 1:00pm to donate blood! Springtime is a high-volume need season for units of blood. The previous blood drive at

Shenandoah Medical Center during Red Cross Month of March was a success with 27 units of blood collected surpassing a goal of 23.

This drive, the goal is 24 units. Help overachieve again! No appointment

necessary. If you would like to schedule a time, call Terri Kruse at 246-7220. What better way to celebrate Good Friday by giving a good gift - the gift of life!

For more information:
www.redcross.org

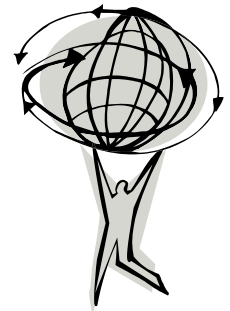
Employee Spotlight - Nikki Carlson

Nikki Carlson, Certified Personal Trainer, joined Shenandoah Medical Center January 2002. Nikki, husband Todd, son Colby 11 and daughter Maggie 7 are area natives, farm and run a cow-calf operation. Nikki enjoys gardening, cooking and consequently working out, especially running!

When Nikki started, the department was limited to therapy only. After several

updates she is now pleased to be a part of the wide array of services provided. Her favorite part of her job is helping patients achieve goals and reclaim control of their lifestyle. "I love when a patient realizes they have reached their goal because they are so thankful and excited. They realize they did it on their own!" In addition to helping folks succeed she enjoys helping youth reach advanced

performance levels with her JrFit Youth Fitness Certification she attained in February. The Sports Acceleration program helps athletes get bigger, faster and stronger. Her passion, youth fitness, continuously grows but all ages benefit from Nikki's drive to help others succeed at Shenandoah Medical Center.



Employee Spotlight - Doug Jamison

Doug, a Randolph native, and his wife Angie have two boys Dakotah and Jake. He enjoys being outside, hunting, and camping among other hobbies. He also enjoys singing with the group 'Packages'. Doug loves that his Maintenance position is different every day. He also enjoys the people at Shenandoah Medical Center since they

are "always very easy to work with", says Doug. This is no small feat as he sees Elm Heights, 300 Park, Wellness Center, Sidney, Essex and Red Oak teammates regularly.

Since his start in 2012 he sees a need for the addition to the clinic. He adds "...[it] will be very well appreciated by the staff and the community".

He has been thankful his supervisors make work fun by not being afraid to laugh! Mostly, he appreciates the Food Service staff who provide Doug with his biscuits and gravy every Wednesday!



National Laboratory Week

National Laboratory Week is recognized April 12 - 18. Shenandoah Medical Center's laboratory performs an average of 12,500 tests each month. That is approximately 150,000 tests per year! Stop by the lab and see the display of facts,

photos and services. We are proud of our outstanding laboratory team!

- Brenda Young
- Jan Sturdevant
- Charlene Wilcox
- Michele Taylor
- Laurie McGargil
- Robin Hall

- Mary Clark
- Reba Lasseur
- Barb Driskell
- Alex Campbell
- Jim Giddinge
- Sadeana Viner
- Samantha Pringle
- Kim LaRock
- Caitlyn Maxwell


WE CHALLENGE ALL ATHLETES AGE 10+ TO OUR 8-WEEK, SPORT-SPECIFIC TRAINING PROGRAM! LEARN RUNNING, LIFTING & PLYOMETRIC TRAINING TECHNIQUES FROM CERTIFIED PERSONAL TRAINING COACHES.

Speed Agility Strength

Vertical Quickness Explosiveness

Sports Acceleration

Athletes ready for the next level register TODAY! (712) 246-7325



2 Jack Foster Drive, Shenandoah, Iowa
www.smchospital.com

150415-58872

Welcome Aboard - March New Employees



Heather Green, RN
Emergency Department



Kris Nissen, RN
Elm Heights



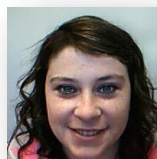
Shelly Shane, CNA
Elm Heights



Teresa Swift, RN
Clinic



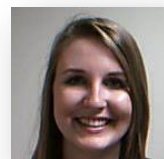
Dallas LePorte
Food Service



Jamie Stribling
Food Service



Patti Boyd
HR Clerk - Temporary



Caitlyn Maxwell
Phlebotomist - Lab



Bethann McCalla
Public Relations - Marketing



Ian Hilker
Patient Transporter



J.D. Christensen
Intern - Clinic



Randi Nielsen, ARNP
Intern - Mental Health

Shenandoah Medical Center

300 Pershing Avenue
 300 Park Avenue
 1 Jack Foster Drive
 2 Jack Foster Drive
 Shenandoah, IA 51601
 (712) 246 - 1230

Elm Heights Long Term Care Center

1203 South Elm
 Shenandoah, IA 51601
 (712) 246 - 4627

Every patient, every time.



April – Happy Birthday!

George Shaw	1-Apr	Ambulance Services
Betty Heatherington	2-Apr	Emergency Department
Amanda Smith	2-Apr	Personal Training
Chris Parker	3-Apr	Clinic
Jennifer Major	5-Apr	OB
Megan Fugate	6-Apr	Clinic
Ellen Bammer	6-Apr	Respiratory Therapy
Shanna Braymen	6-Apr	Home Health & Hospice
Sheila Freed	7-Apr	Clinic
Lacy Squires	7-Apr	Food Service
Kristen Jordan	9-Apr	Med-Surg Unit
Karolyn Decuir	10-Apr	Clinic
Craig Marshall	11-Apr	Ambulance Services
Taylor Ancell	12-Apr	Clinic
April Eighmy	12-Apr	Clinic
Phyllis Carlson	12-Apr	Rehab Services
Heath Graham	13-Apr	Ambulance Services
Cheryl Cyr	13-Apr	Medical Records
Peggy Olenius	15-Apr	Med-Surg Unit
Betsy Stephens	16-Apr	Administration
Denise Manchester	16-Apr	Emergency Department
Amanda Mather	17-Apr	Pharmacy
Gail Kennedy	18-Apr	Elm Heights
Amy Reafleng	20-Apr	Emergency Department
Caleigh Johnson	22-Apr	Med-Surg Unit
Wilma Bartles	22-Apr	Elm Heights
Rhonda MacDonald	22-Apr	Emergency Department
Peggy Laughlin	23-Apr	Clinic
Sagar Thapa	27-Apr	IT
Brenda Young	28-Apr	Laboratory
April Roop	30-Apr	Surgery

Books Are Fun, Book Fair - April 1

Take advantage of the Books Are Fun Book Fair to be held April 1 from 9:00am - 3:30pm in the Main Lobby. Browse over 250 titles of books for all ages! Not only are books available but other gifts and products at great

prices. Products include:

- Children's Story Books
- Cookbooks
- New York Times Best Sellers
- Stationery & Scrapbooking
- Music Collections

- Early Learning Product
- Books from World's Leading Publishers
 - Disney
 - Time Life
 - Random House
 - Penguin
 - Reader's Digest
- Gifts for all ages!

Visit us online!

www.smchospital.com

Like us on Facebook!



Follow us on LinkedIn!

